



Special Diets for Special Kids: Understanding and Implementing a Gluten and Casein Free Diet to Aid in the Treatment of Autism and Related Developmental Disorders

By Lisa Lewis, Bernard Rimland

Future Horizons Incorporated. Paperback. Book Condition: new. BRAND NEW, Special Diets for Special Kids: Understanding and Implementing a Gluten and Casein Free Diet to Aid in the Treatment of Autism and Related Developmental Disorders, Lisa Lewis, Bernard Rimland, 'Lisa Lewis' contribution to the understanding of biomedical aspects of autism has been considerable. Her informative booklet An Experimental Intervention for Autism combined scientific principles with practical advice for parents in a very readable way. Its availability on the Internet has made it one of the most widely read and influential pieces ever written on autism. Her new book also concentrates on the practical applications of knowledge and understanding. It is well researched, well written and very much needed.' - Paul Shattock, Autism Research Unit, University of Sunderland Lisa Lewis explains, in this easy-to-read and accessible book, how and why to implement a dietary intervention strategy for helping children and adults with autism. Drawing upon her own success with removing gluten and casein from her son's diet, she answers the many questions parents and professionals might have about choosing a dietary intervention. Why choose a special diet? Are there tests to help me decide? Is there research to support this type of...

Reviews

This type of publication is every thing and taught me to searching ahead and more. It can be rally fascinating through reading through period of time. You can expect to like how the blogger write this pdf.

-- Dr. Jillian Champlin IV

It in one of my personal favorite publication. Indeed, it is actually perform, still an amazing and interesting literature. Its been printed in an exceptionally easy way which is merely soon after i finished reading this book where really altered me, change the way i believe.

-- Neal Homenick IV