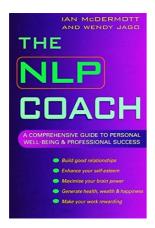
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Little, Brown Book Group, United Kingdom, 2003. Paperback. Book Condition: New. Revised ed.. 226 x 154 mm. Language: English. Brand New Book. This is a comprehensive, practical and user-friendly guide to self-coaching using the powerful techniques of NLP (neuro-linguistic programming). The book provides a step-by-step programme to help you achieve success at work and at home. All the essential NLP coaching tools are clearly explained at the beginning of the book, with examples and case histories. The next six...

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- Authored by Ian McDermott, Wendy Jago
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