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Build Self-Confidence

By Alankrita

V & S Publishers, New Delhi, India. Softcover. Book Condition: New. Life is never a bed of roses. However, if we know how to negotiate our way between the thorns and hurdles of life, the roses of success will be ours for selective picking. The greatest asset in the quest for success and happiness is our measure of self-confidence. More than half of all life's battles are won or lost in the mind. Therefore, a person needs to saturate his or her mind with positive thoughts at all times. Our mind will then play host to many big ideas. Converting these big ideas into practical goals and long term success calls for dollops of vision, hard work and perseverance. Printed Pages: 120.



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