



## Organizing For The Spirt - Making The Details Of Your Life Meaningful And Manageable

By SCHLENGER, Sunny

U.S / Jossey-Bass, 2004. Soft cover. Book Condition: New. No Jacket. In *Organizing for the Spirit*, organizing expert Sunny Schlenger demonstrates how the "stuff" of our lives the objects that fill our homes and offices, as well as how we manage our time (whether we are productive or procrastinating) offers clues to what we really value in life. With simple and practical exercises, Sunny guides you through a step-by-step process to take stock of your life, clearly identify what really matters, and then use that clarity about values and priorities as a guide to organize both your physical environment and your time. The result is a life of meaning and harmony in the office, the studio, the home, and beyond. With a 'foreword' by Harriet Schechter. A 1st edition paperback in new condition. (139 pages).



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